

suusi 2026

sow good.

tuesday nuus
july 21

an intergenerational community of love, personal freedom, ethics and joy!

SUUSI HELPLINE 540-534-1575

call or text 7 am to 11pm, or email help@suusi.org

1 - SUUSI Help Desk
2 - Minister of the Day
3 - Star Car Services (call, don't text)

4 - HeaRT Healthy Relations Team
5 - DEIA Services

Please remember we share this campus with others, including other camps and Radford employees. CALL THE HELPLINE if you have problems. Don't approach campus staff unless directed to do so, and never engage with other camps.

If your key card isn't working, bring it to the Office, Pocahontas 102, 8:30am-2pm

TUESDAY SCHEDULE HIGHLIGHTS

7-9am: Breakfast, Dalton Dining Hall
7:45-8:15am: Guided Meditation (Drop-in, free), Washington 324
7:45-8:30am: Chi Gong (register #120, \$5), Moffett Quad
8:30-2pm: SUUSI Office, Pocahontas 102
9-9:45am: Morning Worship, "To Walk with Nature, Heart by Heart," Hurlburt Auditorium 127 (the Bonnie)
9-9:45am: 12-Step Recovery Meeting, Bolling 106
10-6pm: Books & Bazaar, Moffett 160
11:30-1:30: Lunch, Dalton Dining Hall
12-1pm: Queer Meal Meetup, Dalton Dining Hall
1:30pm-Midnight: Pair-a-Dice, Washington 101
3:30-5:30pm: Community Time, Moffett Quad
4:30-7pm: Dinner, Dalton Dining Hall
5:30-6:30pm: Senior LGBTQ+ Meal Meetup, Dalton Dining Hall
7-7:45pm: Evening Worship, "We Need One Another: Greiving our Losses in Community," Hurlburt Auditorium 127 (the Bonnie)
7-9pm: Family Gaming Zone, Bolling 001
7-8:30pm: Ballroom Dance Hour, Heth 014
8-9pm: Concert Hour with Matt Watroba, Hurlburt 127 (the Bonnie)
9:15-1am: Serendipity, theme: "Twins or More," Heth 014
9:30-11pm: Cabaret, Hurlburt 127 (the Bonnie)
10-1am: CACHE, theme: "Twins or More," Heth 043
11-3am: Late Night Song Circle, Pocahontas 001
No Un-BBQuusi Tonight!

Tuesday Morning Worship

9-9:45AM: "To Walk with Nature, Heart by Heart," Hurlburt Auditorium 127 (the Bonnie)
Summer offers a time to return to outdoor settings—the mountains, the ocean, a lake, some

woods—to move in a way that is different from the everyday of our work lives. The service will reflect on ways that we are attentive to Nature, and our own nature. A procession, a song, a breath, a word. Led by Rev. David Carl Olson

SEND US YOUR SUUSI PHOTOS!

We'd love to use your photos for publicity, slideshows, and showing off how awesome SUUSI is to the world. If you are willing, [please click this link to go to our photo drop](#). From there, click the plus sign to upload pictures or short videos. (By sharing them with us, you give us permission to use them--within the bonds of our covenant--to get more people to join us at SUUSI.)



Director Joke of the Day

If you drive a Subaru in reverse what are you?

U R A BUS

COMMUNITY TIME

Join Tuesday's Community Time to play dodgeball, make a sunprint, add to the memorial wall, meet Bazaar vendors, or try the infamous Squeezebox. Ready to test your trivia knowledge? Want a preview of Rebecca Berlin? All this and more on Moffett Quad at 3:30 p.m.

Prepare for Pride Parade on Wednesday! Wear your best rainbows to meet at Community Time (quad in front of Moffett) at 5 pm. We will gather with the drum circle then parade together to Dalton Dining Hall to eat.

STAFF, WORKSHOP LEADERS, and SUUSIGOERS: If you have equipment needs, call the Helpline or Ron Echols (SUUSI Logistics Director). Don't ask Radford staff for help.



Order your SUUSI T-shirt at the Books & Bazaar

Is the size and or color of the SUUSI shirt you wanted already sold out? We're instituting something new for you! You can now place an order for your shirt in any of the colors and sizes we offer and you can have it shipped to your home after SUUSI. Unfortunately there will be a \$10 shipping charge added per order (not per shirt), so you could save some money by ordering several at a time for your family and/or friends that live in your area. Order them before the store closes on Friday.

Anti-Authoritarian Workshops & Events

Our Board charged and challenged us this year to provide programming to speak to our current moment in this country and the world. [There are still plenty of opportunities to participate in these events](#), whether it takes the form of community organizing, singing, film, poetry, collage, conversation, or even [liberating a detention camp](#) in Dungeons & Dragons.



Do you enjoy board games or are curious to try some out? **Pair-a-Dice** is SUUSI's dedicated board game lounge and lending library located in the first floor lounge of Washington dorm. Sign up for the whole week (#901) or just a day (#902). And if you sign up for Pair-a-Dice, you can participate in the board game tournament for free! The first round is this afternoon at 1:30, and you can choose to play Wingspan or Azul: Queen's Garden and space is still available. Sign up for #907.

Tuesday Evening Worship

Hurlburt Auditorium in the Bonnie Student Center, 7-7:45 PM

"We Need One Another: Grieving Our Losses in Community"

Our SUUSI community is its own congregation that annually comes together. Part of our worship week includes marking certain important passages. Our Tuesday evening worship is the time we set aside to gather and grieve our losses since our last time together. We name and honor losses of SUUSI community members and family as well as other kinds of losses and complex changes in our individual and communal lives. Led by Rev. Bill Gupton with Rev. Kimi Riegel.

Individual and Group Pastoral, Recovery & Spiritual Support

Pastoral Care: 540-534-1575

Pastoral Care (spiritual, emotional, or social support designed for short-term situations) is available from our Nurture Team Ministers of the Day (MOD) around the clock through 11 am on Saturday (11pm to 7am for emergencies only, please!). Our MODs also have a list of local care providers for referrals. Call the SUUSI Helpline at 540-534-1575 if you need support. Please give an extra-big thank you to Rev. David Carl Olson who was our Minister of the Day yesterday!

Recovery Space: Bolling 106, Morning Recovery Support Circle: Tu 9-9:45 AM

Our Addiction and Recovery Room is where members of the SUUSI community may seek peace, support, and connection. The Recovery Room will be open 24hrs/day Monday-Friday, except when in use posted on the door by Ministers of the Day. At the initial morning meeting, the schedule for the rest of the week will be established, posted on the door and in the NUUS.

Morning Meditations Mon-Fri, 7:45-8:15AM, Washington 324 & Meditation Room Moffett E312

Come to our daily morning guided meditation experience led by Kimi Riegel Monday through Friday in Washington 324. No need to sign up – just show up! A Meditation Room is available all week in Moffett E312 with some materials is available for quiet meditation or reading daily except for when in use by Ministers of the Day (see sign on door).

DINING HALL ACCESSIBILITY NEWS

The dining staff is working hard! Unfortunately they have run out of To Go boxes and gluten free pizza crusts. They have ordered more and hope they arrive soon. Those who already have To Go boxes from last year are welcome to continue using them. PLEASE REMEMBER the left side of the staircase (where the Wendy's counter is) is intended to be a LOW STIM DINING ZONE (although we can't control what the BLAST campers do, their leaders seem to keep them from causing trouble, but we can't ask them to be quieter). Please keep voices low to give our friends with sensory challenges a chance to relax while they eat.

We know the dining hall can feel overwhelming, especially if you have food allergies or sensitivities. Please ask a Community Care Steward (white visors) to lend a hand to ask the very friendly dining staff to verify ingredients or even to bring you something safe to eat. They are

happy to do it!

SUUSI-goers, if you see someone wearing a Quick Queue pass on their lanyard please know they have extra challenges to navigate in the dining hall and may appreciate your patience. Thank you! **Please remember to BREATHE before speaking. Let's be sure your words aren't lost in your tone, right?**

CONCERT HOUR: Matt Watroba at 8pm, Hurlburt Auditorium

Veteran performer, teacher, radio host, song writer...the list goes on, but what Matt Watroba prefers to be known as is a community singer, song leader and educator. Many know Matt as the voice of folk music in Michigan for his work producing and hosting shows for public radio. He has devoted his life and career to being a custodian of American folk and roots music. This has helped shape a repertoire and presentation that is unique on stages across the state and country. He is committed to inspiring the world to sing -- one town at a time. You will love his music and you will love the journey that his music takes you on.



Matt brings a unique set of talents to the stage as an educator, performer and master of ceremonies. His passion for bringing community together through music and education will bring to you a most entertaining and enlightening experience.



JET PIG is BACK

Visit Books & Bazaar to buy tickets to take the fastest (and softest) pig at SUUSI home with you for the year.

Because SUUSI is SOW GOOD (and JET PIG puts the SOW in Southeastern Unitarian Universalist Summer Institute)!

Bringing in the Newbies! Great Job!

John Merkel, Jessica Sapalio, and Michael Henry-Richardson each recruited 4 newcomers or SUUSI returnees to join us this year. Shout out to them and all their efforts. If you love SUUSI, tell all your friends and family they should join us next year!

NIGHTLIFE NUUS

Ballroom Hour is the place to be at SUUSI! It is held 7 - 8:30pm Monday through Friday in Heth 014 (Serendipity). We play a mix of Ballroom, Swing, Latin, and Country music for your partner dancing pleasure. There will also be a short dance lesson (15 minutes) teaching a new dance for you to learn followed by lots of practice music.

Tuesday Night at Cabaret

The music has been great already and we're just getting started. After Concert Hour with Matt Watroba, stay around for Cabaret in the Hurlburt Recital Hall (the Bonnie) to enjoy more live music and other entertainment. The performances begin at 9:30 pm. So far the line-up for Tuesday night is: Russ Taddeo, Kime Howard and Fred Katz, Jesse Palidofsky and Sophia Taylor. If you're interested in performing, come to the Nightlife table in front of the auditorium to get a slot.

And...it's not toooo early to be thinking about Jamboree on Friday. More to come on that, but be looking for people you might want to sing with. Our only request is that you find someone or a group you haven't performed with before (or it's been so long you can't remember). Workshop leaders – if you'd like a slot for your class, please let Janette know.

Click here to find out the line-up each night for Cabaret and other exciting news.
See you there!

Serendipity Tonight!

Devin Gordon will be the Master DJ throughout the week. DJ-Dev welcomes a guest DJ every night to start the fun off, from 9:15 to 11 pm and will finish out the night thereafter. Here is the line-up of the guests DJ's this week:

Tuesday Robert Wallenborn

Wednesday Andrew Diamond

Thursday Stacie Vecchietti

Friday Bill Gupton

Come on out!

Late Night Song Circle is going strong. Starting at 11:00 in Pocahontas Basement. Stop by for a minute or an hour, your soul will be filled.



TWOB CLUE

Here's a clue for this year's Teen Way Off Broadway (TWOB) production!

What if the things that make you different are what make you shine?

Think you've guessed what this year's TWOB show theme will be? Email twob@suusi.org. The first person to guess correctly will get a shout-out in the NUUS! Want to see the past clues? Click [HERE](#) to see all of the 2026 clues.

For parents of young children (or those with an earlier bedtime) and those who would prefer a sensory-friendly show, please contact us for assistance in seeing the show.



Thanks to Kimmer Saini and Alex Winner and all the volunteers who helped blast our SUNDAY SOCIAL SUUSI Kickoff to a whole new level this year!

Share Your SUUSI Joy!

Join the SUUSI Community Online!

The SUUSI experience doesn't have to end when the week is over! Stay connected with friends, relive favorite moments, and keep the spirit of SUUSI alive by following us on Facebook and Instagram. We would love to feature your photos or fun(ny) SUUSI memes on our channels!

Instagram: <https://www.instagram.com/suusilove/>

Facebook: <https://www.facebook.com/SUUSIInstitute>

Facebook (SUUSI Friends unofficial): <https://www.facebook.com/groups/269098413195310/>

Thank you for helping us spread the SUUSI spirit—we couldn't do it without you!

ALPHYDOKU PUZZLE

By Lindsay Stroh

There are nine different letters in this puzzle. Just like the numbers in Sudoku, each letter appears only once in each row, column and square. As you complete the puzzle, a 9-letter word with no repeating letters will appear either horizontally, vertically or diagonally. Can you find the hidden word?

C						E		
G					O	L		N
	L	N	I		E		G	
	C			O		I		
N		W		E				L
		E		L	C		N	
E			L		G	W	O	
M					W	G		
		O		C				I

As always, find out the latest news from SUUSI at <https://suusi.org>



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