

suusi 2026
sow good.

thursday nuus
july 23

an intergenerational community of love, personal freedom, ethics and joy!

SUUSI HELPLINE 540-534-1575

call or text 7 am to 11pm

1 - SUUSI Help Desk
2 - Minister of the Day
3 - Star Car Services (call, don't text)

4 - HeaRT Healthy Relations Team
5 - DEIA Services

Hopefully none of you have been trying to email the Helpline for help. I unwittingly printed a non-working email address for helpline access. You can call or text, but email is not the way to get quick help. I apologize for the error. --Rik Schell, Communications Director

THURSDAY SCHEDULE HIGHLIGHTS

7am-7pm: VOTE for the SUUSI Board

7-9am: Breakfast, Dalton Dining Hall

7:45-8:15am: Drop-in Guided Meditation, Washington 324

8:30-2pm: SUUSI Office, Pocahontas 102

9-9:45am: Morning Worship, "**A Walk in the Woods**," Hurlburt 127

10-6pm: Books & Bazaar, Moffett 160

11:30-1:30: Lunch, Dalton Dining Hall

1:30pm-Midnight: Pair-a-Dice, Washington Basement

2-4pm: Performers' Circle Concert with Reggie Harris, Matt Watroba, and Rebecca Berlin, Hurlburt 127

3:30-5:30pm: Community Time, Moffett Quad

4-5pm: Addiction & Recovery Meeting, Bolling 106

4:30-7pm: Dinner, Dalton Dining Hall

7-7:45pm: Evening Worship, "**Sowing the Seeds of Love**," Rites of Passage & Bridging, Hurlburt 127

7-8:30pm: Ballroom Dance Hour, Heth 014

7:30-9:30pm: LGBTQ+ Mixer Washington B01

8-9pm: SUUSI Lip Sync Battle, Hurlburt 127

9:15-1am: Serendipity, theme: "The Enchanted Woodland," Heth 014

9:30-11pm: Cabaret, Hurlburt 127 (the Bonnie)

10-1am: CACHE, theme: "The Enchanted Woodland," Heth 043

11-3am: Late Night Song Circle, Pocahontas 001

Thursday Morning Worship

Hurlburt Auditorium in the Bonnie Student Center, 9-9:45 AM

"A Walk in the Woods" with Friction Farm

A walk in the woods can teach us almost everything we need to know about building community, surviving a storm, and growing in difficult times. Aidan Quinn and Christine Stay make their way in the world as Friction Farm, an acoustic duo, writing about insects and injustices, weeds and wonder.

SEEN AROUND SUUSI



More Midday Music for the Soul

A special ENCORE PERFORMANCE by this year's Concert Hour performers!
Bonnie Auditorium (Hurlburt) 2 pm to 4 pm.

Who Do You Miss from SUUSIs Past?

Many of us have friends who used to come to SUUSI but haven't been in years. At Community Time on Thursday and Friday, we'll have postcards available featuring the SUUSI 2027 theme. Write some postcards to people you miss and invite them to come back! We'll have some old Mugbooks available to look up addresses.

Thursday Evening Worship

Hurlburt Auditorium in the Bonnie Student Center, 7-7:45 PM

Rites of Passage & Bridging Service

"Sowing the Seeds of Love"

In this annual special worship gathering we dedicate our children, bridge our teens, and bless our LGBTQIA+community! Our Nurture Director and age group chaplains will help lead these rites and incoming director Rebecca Wald will share a brief message. A significant and joyful event in the life of our SUUSI community, this tends to be a packed service so plan accordingly. .

If you would like to be part of this celebration, or if you have a child to be dedicated, please email worship@suusi.org no later than NOON Thursday. (The Teen Chaplain and Teen Director will coordinate bridging teens.)

Compete, craft, or just chill this afternoon

Bee brilliant at Thursday's Adult Spelling Bee, make a weave loom, enjoy a snowcone, paint your face, place a loved one's name on the memorial wall, play a classic word game with new friends, showcase your talent, or take part in fun team competitions. There's no busier place in the beehive than in the **Community Time** hive on the Moffett quad from 3:30-5:30 p.m.!



TWOB will be on Friday at 8pm in Bondurant Theater (Preston Hall)! Several people have already correctly guessed the theme, so let's see if you can get it with today's clue:

We welcome you to the stage where a million dreams come true.

Email your guesses to twob@suusi.org

Want to see the past clues? Click [HERE](#) to see all of the 2026 clues.



IT'S THE SUUSI LIP SYNC BATTLE!





Battle it out with other contestants for a prize! Choose your favorite song and prepare your dance moves for what is sure to be a rockin' time

Sign up by yourself or with a friend, and we'll see you there!

[REGISTER HERE](#)

**THURSDAY
JULY 23RD**

8PM

**AT HURLBURT 127 IN
THE AUDITORIUM**



Thursday Night at Cabaret

How could it be Thursday already??? Don't worry, there's still time to come to Cabaret. Enjoy the Lip-Sync battle at 8:00 and stay around to hear more music from The Guest Room, Matt and Kim Watroba, Reggie Harris, the Ukulele UUs, and closing out the night will be Lisa Bohn and Star Muir singing a few golden oldies.

Also don't forget about Jamboree. We are still providing slots for workshops, pick-up groups, and a few mighty duos. Our only request is that you find someone or a group you haven't performed with before (or it's been so long you can't remember). Talk to the team at the Nightlife table in the Bonnie for more information. See you tonight!

Late Night Song Circle is going strong. Starting at 11:00 in Pocahontas Basement. Stop by for a minute or an hour, your soul will be filled.



Warm up your dance moves tonight at **Ballroom Hour**. It is held 7 - 8:30pm in Heth 014

(before Serendipity) and we will be playing a mix of Ballroom, Swing, Latin, and Country music for your partner dancing pleasure. Adding to the fun we will run a short dance lesson (15 minutes) during the evening.

Don't Forget to VOTE

Jilla Vita and Ajai Saini are running for your adult Board representative, and Ariel Figuera and Hailey Hochberg are running for youth representative. [You can find their bios and pictures here.](#)

We encourage you to vote on SOLIS, but you can also vote at Dalton during mealtimes. Youth rep elections will be held in programming.

Pick up your Mugbooks in Books & Bazaar this year, starting today (Thursday)!

Individual and Group Pastoral, Recovery & Spiritual Support

Call the SUUSI Helpline at **540-534-1575** if you need support. Today's Minister of the day is Rev. Christina Branum-Martin, who on the Nurture team for the first time, and this is her fourth SUUSI! Ministers of the Day will be present at Community Time at the Memorial Wall, as well as on call throughout the day. Please give an extra-big thank you to Rev. Cassie Howe who was our Minister of the Day yesterday!

Our **Recovery Room** (Bolling 106) is available for people who need a quiet place for individual reflection or group gatherings around issues of addiction and recovery. Open meeting 4-5pm.

Our **Meditation Space** is Moffett E312. Relax and recenter there anytime.



He's the first to arrive and the last to leave.
He works hard, and he plays hard.
He gets your bins and tables (and everything else) where they need to be.

The Man

The Legend

RON ECHOLS!

ALPHYDOKU PUZZLE

by Lindsay Stroh

There are nine different letters in this puzzle. Just like the numbers in Sudoku, each letter appears only once in each row, column and square. As you complete the puzzle, a 9-letter word with no repeating letters will appear either horizontally, vertically or diagonally. Can you find the hidden word?

			C			R	
					S	I	D
Y		O					
E	C					S	D
	R		S			V	
			E	I		O	
V	D	Y					
I				Y			E
		E	R	D	I	I	I

Share Your SUUSI Joy!

Share Your SUUSI Memories!

One of the things that makes SUUSI so special is the community we create together, and we'd

love your help capturing that magic. If you've have great photos or videos from the week, please share them with us! Your memories help tell the story of SUUSI, and some may be featured in future web posts, on social media, or in promotional materials to help others discover our wonderful community. **Upload your photos and videos here:**

Share Your Photos

You can simply drag and drop your files into the folder, or click the "New" button in the upper-left corner and select the photos or videos you'd like to upload. To help protect everyone's privacy, please do not upload photos of minors in which their faces are clearly identifiable.

Thank you for helping us preserve and share the joy, connection, and spirit of SUUSI!

Join the SUUSI Community Online!

The SUUSI experience doesn't have to end when the week is over! Stay connected with friends, relive favorite moments, and keep the spirit of SUUSI alive by following us on Facebook and Instagram. We would love to feature your photos or fun(ny) SUUSI memes on our channels!

Instagram: <https://www.instagram.com/suusilove/>

Facebook: <https://www.facebook.com/SUUSInstitute>

Facebook (SUUSI Friends unofficial): <https://www.facebook.com/groups/269098413195310/>

Thank you for helping us spread the SUUSI spirit—we couldn't do it without you!

As always, find out the latest news from SUUSI at <https://suusi.org>



SUUSI | Radford University July 20-26, 2025 | Radford, VA 24142 US

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