



## All the People You'll Meet at SUUSI!

**SUUSI** brings together people of all ages — from newborns to seniors — creating daily opportunities for connection across generations. Adults and children participate in both age-specific programs and shared community activities. Many attendees whose children are grown especially value reconnecting with younger generations during the week.

[Community Time](#) is our daily all-ages gathering. Be a part of this intentional community gathering where we can replenish ourselves, create crafts, play games, participate in an open mic for music or storytelling, meet new people, learn more about the UU world, or just be yourself. You might get your face painted or your nails done, play kickball, eat some shave ice, or just have a conversation with someone you didn't know before.

Other intergenerational favorites include [nature trips](#), the [Pair-a-Dice game room](#), [Common Ground](#) coffee spot, [music events](#), [TWOB](#) (Teen Way Off Broadway), evening workshops, and [CACHE](#) (dance for ages 14+). [Click here for all Family Friendly Nature Trips!](#)

### ▼ [Bringing children to SUUSI? The Childcare Co-Op Dorm might be for you!](#)


The childcare co-op dorm allows parents and guardians to supervise other families' sleeping children so that more folks can enjoy evening activities.

Each adult in your room will sign up for one 2.25-hour shift of co-op duty. During your shift, you'll sit in the hall with a clipboard and cell phone or be a "runner" available to find parents as needed. If young kids wake up, you'll call their adult. If older kids try to wander the halls, you'll send them back to bed.

Not on duty? Once your kids are settled, head out to enjoy the night (until 1:15AM (2:15 Friday) when an adult must be in after the co-op ends)! We'll call if your child needs you. All participants on duty must be sober and have completed criminal background and National Sex Offender Registry checks, as well as training and a brief meeting. [Email for more information.](#)

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## Parent, Guardian, & Caregiver Events

<p><b>46 - 13s Evening Programming</b> 15 openings</p> <p>13s will gather for Coming of Age Ceremony and other end of week activities. Parents, guardians and families of 13s are invited for the first hour for the Ceremony and then 13s will go with teens and their age group leaders for the remainder of the evening.</p>  <p>Free F 6:45-10pm Ages 13-13</p>	<p><b>59 - 13s Parents/Guardians/Caregivers Tour of Teen Dorm</b> 20 openings</p> <p>If you have responsibility for a 13-year-old, you probably have questions about the Teen Program. The Teen Staff will host a tour of the Teen Dorm and a Q&amp;A session with the Teen Director. Can't make it at that time? Send an email to <a href="mailto:teens@suusi.org">teens@suusi.org</a> with questions or to arrange a different time.</p> <p>Free Th 2:15-3:15pm Ages 18+</p>	<p><b>61 - Teen Mandatory parents/guardians/caregivers Meeting</b> Unlimited</p> <p>MANDATORY for all teens and their parents/guardians/caregivers (PGCs). Meet the Teen Staff and Teen Leaders, review all mandatory rules and guidelines, and say "see ya later" for the week in this brief catch-up meeting. PGCs will have the opportunity to ask any questions they may have before blessing</p> <p>Free Sun 8-8:45pm Ages 14-17</p>
<p><b>124 - Parent &amp; Caregiver Refresh</b> 20 openings</p> <p>Special needs parents &amp; caregivers are invited to pamper themselves &amp; make connections. Activity stations: diy skin scrubs, fruit water infusers, and personal jigsaw puzzles. Foster camaraderie as we practice ways to counter burnout. By SUUSI DEIA SUUSI DEIA staffers come from a variety of identity groups</p> <p>\$8.00 Preferred W 10am-Noon Ages 18+</p>	<p><b>Middler Parent Meeting</b> Unlimited</p> <p>An opportunity for Parents &amp; their Middlers to meet program staff and get learn about all the wonderful things planned for them this week!</p> <p>Free Sun 5-6pm Ages 11+</p>	<p><b>Coop Parent Meeting</b> Unlimited</p> <p>information sharing for those registered and housed in the coop dorm</p> <p>Free Sun 9-10pm Ages 14+</p>
<p><b>Monday Morning Multigen Worship</b> Unlimited</p> <p>We begin our SUUSI worship week with a multigenerational worship service. Our worship coordinator and youth chaplain will lead us in a joyful service for ALL AGES. More details to come! Please note that this service will start earlier than usual - at 8:30am - in order to include our children, youth, and parents</p> <p>Free M 8:30-9:15am All Ages</p>	<p><b>Mandatory Youth Parent Meeting</b> Unlimited</p> <p>A mandatory parent meeting for all parents or guardians of youth participants. One or more parents/guardians must represent each youth.</p> <p>Free M 9:30-10am Ages 18+</p>	<p><b>Youth Closing Circle</b> Unlimited</p> <p>Parents, other family members, and friends are invited to watch the children's end-of-week performances. The closing circle will occur at the youth program building, inside or outside, depending on the weather.</p> <p>Free F 3-4pm All Ages</p>

## Youth Program (Ages 0–10)



At SUUSI, our youngest participants are not just cared for – they are celebrated.

The Youth Program is a joyful, nurturing space where children can explore, create, learn, and make friends in a loving Unitarian Universalist community. Whether it's their first SUUSI or their fifth, children are welcomed with warmth and guided by caring, experienced staff.

Throughout the week, youth will:

- Sing, create art, and try tie-dye
- Play cooperative games
- Spend time outdoors
- Participate in engaging workshops
- Build friendships that often last well beyond SUUSI

We honor children's curiosity and creativity while grounding everything we do in shared UU values of respect, kindness, and inclusion.

Our experienced Youth Staff – including educators, parents, and camp professionals – prioritize safety, fun, and community. Questions: [youth@suusi.org](mailto:youth@suusi.org)

▼ [Click here for an example of the Daily Schedule for Youths 0-10](#)

A Gentle Rhythm to the Day

**Mornings (9:00 am–Noon)**

Children gather in circle, play games, create art, enjoy music, and spend time outside. Ages 4–10 rotate through art, music, and tie-dye during the week, while our youngest children (0–3) enjoy developmentally appropriate activities in their own classroom space.

**Lunch Break (Noon–1:30 pm)**

Families reunite for lunch. Staff remain available briefly to help with transitions. With permission, 9–10-year-olds may practice independence through self sign-out/in.

### Afternoons (1:30–3:30 pm)

The fun continues with mini-workshops for younger children, splash/play time for toddlers, and workshop choices for ages 6–10 — all included with registration.

### End of Day (3:30–3:45 pm)

Parents, guardians, or designated adults sign youth out, reconnecting after a full day.

## Special Moments

- **Sunday Open House** – Meet staff and explore classrooms
- **Monday Parent Meeting** – Start the week connected and informed
- **Baby Dedication (Thursday Worship)** – A beautiful celebration of life stages
- **Youth Closing Circle (Friday)** – Families are invited to celebrate the week’s creativity and growth

Our Youth Staff includes educators, parents, camp counselors, and longtime SUUSI community members. Above all, they are people who care deeply about your children’s safety, joy, and belonging.

We’re honored to spend the week with your little lights.

## Youth Program Events

Easy-Read Features: [Disable Black-and-White Mode](#) [Change Layout: 3-Column](#) [Disable Animations](#)

<b>1 - Youth Ingathering</b> 99 openings We will gather together to begin the week of programming. Free M 9-10am Ages 6-10	<b>2 - Nursery Time</b> 99 openings Nursery will follow regular Youth Program hours with arrangements for care during the lunch break. Nursery will be divided into two subgroups: Littles (ages 0-2) and Bigs (ages 3-5). Both groups will have dedicated nursery staff providing constant supervision. Programming will include age-appropriate Free All Week* Ages 0-5	<b>3 - Youth Age Group Programing</b> 99 openings Youth will meet with their age groups (6/7s, 8/9s, 10s) or in mixed age groups for a variety of indoor and outdoor activities. Youth will have opportunities during the week to choose their afternoon stations rather than signing up for workshops during registration. Free All Week* Ages 6-10
<b>5 - Youth Dance</b> 78 openings Mid-week and it is time to dance! All Youth are invited to join for an after-hours party with lots of music, lights, and silliness. Free W 6-7:30pm Ages 6-10	<b>Coop Parent Meeting</b> Unlimited information sharing for those registered and housed in the coop dorm Free Sun 9-10pm Ages 14+	<b>Mandatory Youth Parent Meeting</b> Unlimited A mandatory parent meeting for all parents or guardians of youth participants. One or more parents/guardians must represent each youth. Free M 9:30-10am Ages 18+

**Family Gaming Zone**

Unlimited

Meet up with other families with kids at SUUSI. Bring or borrow table games or video games and enjoy some down time together. Children must be accompanied by a responsible adult.

Free

MTu 7-9pm

All Ages

**Youth Closing Circle**

Unlimited

Parents, other family members, and friends are invited to watch the children's end-of-week performances. The closing circle will occur at the youth program building, inside or outside, depending on the weather.

Free

F 3-4pm

All Ages

## Middler Program (Ages 11–13)

Being 11–13 is its own unique adventure — not quite a child, not quite a teen. The Middler Program is designed especially for this in-between season.

At SUUSI, Middlers are given space to grow into their independence while still being surrounded by support, structure, and encouragement. We recognize their increasing maturity, creativity, and insight — and we make room for it.

During the week, Middlers:

- Build community as a full group and in age-based groups
- Explore UU identity through reflection, art, games, and conversation
- Spend time outdoors adventuring together
- Participate in workshops and trips (all included — no extra sign-ups)
- Practice leadership, collaboration, and self-determination

We work to create a space where Middlers feel trusted, heard, and valued.

Questions: [Middlers@suusi.org](mailto:Middlers@suusi.org)



▼ [Click here to explore the daily schedule for the Middlers \(ages 11-13\)](#)

## Daily Flow

- **Morning Programming:** 8:45 am–Noon
- **Afternoon Programming:** 2–4 pm
- **Evening Programming:** For 13-year-olds (Coming of Age)

With permission, Middlers may sign themselves in and out – a small but meaningful step toward independence. Parents are still asked to connect with staff each morning to help keep communication strong.







## Special Events


- **Sunday Parent & 13-Year-Old Meeting (5 pm)** – A helpful orientation and time for questions
- **Middler Dance Party (Wednesday)** – Joyful midweek celebration
- **Closing Circle (Friday)** – Families invited to witness the week's growth

Our Middler staff balances empowerment with attentive care, helping each youth feel safe enough to stretch and supported enough to thrive.

## Middler Program Events

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<p><b>40 - 13s Rite of Passage Trip</b></p> <p>This extraordinary all-day trip for our 13s is a unique experience to finish off their week-long adventure at SUUSI. This experience is an integral part of programming for our 13s and offers an opportunity to build lasting bonds with one's peers, perfectly preparing our 13s for their Coming of Age (COA) Ceremony on</p> 	39 openings	<p><b>42 - Middlers Randolph Park Trip</b></p> <p>Middlers, grab your swimsuits, sunscreen, towels, and secure shoes - we're going on an excursion to Randolph Park! We'll spend some time exploring the park trails* before making our way over to the water park to cool off. Please make sure you're in comfortable clothes and secure shoes for the trails. There are</p> 	49 openings	<p><b>44 - Middler Dance</b></p> <p>Mid-week and it is time to dance! All Middlers are invited to join for an after-hours party with lots of music, lights, and silliness.</p> 	78 openings
<p><b>45 - 13s Evening Programming</b></p> <p>13s will meet to explore SUUSI life together outside of their regularly scheduled hours.</p> 	Unlimited	<p><b>46 - 13s Evening Programming</b></p> <p>13s will gather for Coming of Age Ceremony and other end of week activities. Parents, guardians and families of 13s are invited for the first hour for the Ceremony and then 13s will go with teens and their age group leaders for the remainder of the evening.</p> 	15 openings	<p><b>49 - Middler Ingathering</b></p> <p>Middlers will gather to begin their SUUSI week with a special opening circle and chalice building ceremony at our annual ingathering.</p> 	Unlimited

<p><b>50 - Middlers Closing Circle</b> 40 openings</p> <p>The Middlers bring their week to a close with traditional SUUSI entertainment and many, many laughs.</p>  <p>Free F 3-4pm Ages 11-13</p>	<p><b>59 - 13s Parents/Guardians/Caregivers Tour of Teen Dorm</b> 20 openings</p> <p>If you have responsibility for a 13-year-old, you probably have questions about the Teen Program. The Teen Staff will host a tour of the Teen Dorm and a Q&amp;A session with the Teen Director. Can't make it at that time? Send an email to <a href="mailto:teens@suusi.org">teens@suusi.org</a> with questions or to arrange a different time.</p> <p>Free Th 2:15-3:15pm Ages 18+</p>	<p><b>Middler Parent Meeting</b> Unlimited</p> <p>An opportunity for Parents &amp; their Middlers to meet program staff and get learn about all the wonderful things planned for them this week!</p> <p>Free Sun 5-6pm Ages 11+</p>
<p><b>13s First COA Meeting</b> Unlimited</p> <p>13s will meet to begin working towards their Coming of Age (COA) ceremony held on Friday evening.</p> <p>Free M 7-9pm Ages 13-13</p>	<p><b>Family Gaming Zone</b> Unlimited</p> <p>Meet up with other families with kids at SUUSI. Bring or borrow table games or video games and enjoy some down time together. Children must be accompanied by a responsible adult.</p> <p>Free MTu 7-9pm All Ages</p>	<p><b>13s Second COA Meeting</b> Unlimited</p> <p>13s will continue their special Coming of Age (COA) art project and discuss plans for their COA Ceremony</p> <p>Free Tu 1:30-3:30pm Ages 13-13</p>
<p><b>13s Final COA Meeting</b> Unlimited</p> <p>13s will put finishing touches onto their art projects and complete their Coming of Age (COA) planning.</p> <p>Free Th 1:30-3:30pm Ages 13-13</p>		

## Teen Program (Ages 14–17)



The SUUSI Teen Program is more than a schedule of activities – it’s an intentional community.

Teens step into a space where they are trusted, challenged, supported, and celebrated. Together with adult staff, they build a vibrant, self-governing community grounded in UU values of respect, responsibility, and compassion.

For many teens, this week becomes one of the most meaningful experiences of their year.

### **Leadership & Touch Groups**

At the heart of the program are Teen Leaders – teens who step forward to help guide the community. They facilitate small “touch groups,” where teens check in daily, share experiences, navigate social dynamics, and support one another.

Touch groups provide connection, accountability, and belonging in a way that feels authentic and peer-centered.

Questions: [Teens@suusi.org](mailto:Teens@suusi.org)

#### ▼ [Click here to explore Life in the Teen Dorm](#)

The dorm is the hub of teen life – full of music, conversation, worship, games, creativity, and late-night laughter. Teens choose much of their schedule while participating in key shared experiences:

- Afternoon touch group
- Evening teen activity
- 1 am check-in

They are encouraged to explore workshops both within the dorm and across SUUSI.

Evenings might include:

- Teen-led worship (including Bridging for 17-year-olds)
- Teen Coffeehouse
- Cabaret
- Dancing at **CACHE**
- Simply spending time together

Teens may live in the dorm or stay with parents, depending on readiness and family preference.

### Clear Boundaries, Safe Space

With growing freedom comes shared responsibility. Core expectations include:

- In-building curfew (1–6 am)
- In-room curfew (2–6 am)
- No substances or violence
- No sexual contact

These boundaries exist to protect the safety, well-being, and trust of the entire community. The in-room curfew especially supports rest and self-care.






Parents are encouraged to talk with their teens beforehand about expectations, boundaries, and social choices. Staff also support these conversations throughout the week.

For teens navigating challenges around substance use or other concerns, staff are available to partner with families ahead of time to ensure appropriate support.

## Teen Program Events

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<b>60 - Teens Touch Group Sunday</b>	Unlimited	<b>61 - Teen Mandatory parents/guardians/caregivers Meeting</b>	Unlimited	<b>70 - Teens Worship Weavers</b>	40 openings			
Teen Leaders each facilitate a small group of other teens in the program, called a "touch group." Through the touch groups, Teen Leaders help new members become comfortable in the dorm, address social issues as they come up, share in daily experiences and offer support, as necessary. Touch groups		MANDATORY for all teens and their parents/guardians/caregivers (PGCs). Meet the Teen Staff and Teen Leaders, review all mandatory rules and guidelines, and say "see ya later" for the week in this brief catch-up meeting. PGCs will have the opportunity to ask any questions they may have before blessing		This introduction to worship design and execution will begin the week for our Teen Worship. Meet with the teen chaplain and other adult teen staff to develop worship that will happen during daily teen meetings. This is YOUR SUUSI, too, teens! Have a say!				
Free	Sun 8:30-9pm	Ages 14-17	Free	Sun 8-8:45pm	Ages 14-17	Free	M 10-11am	Ages 13-17

<p><b>71 - Teens Communication Team</b> 10 openings</p> <p>Join the newly fledged Teens Communication Team! You're told all the time that "it's YOUR SUUSI, too," and this group will be just the place to keep stuff communicated! We will meet on Monday immediately after breakfast to discuss how we want to manage communication, what tools we have to use, and ways we can get</p> <p>Free M 9:30-10:30am Ages 14-17</p>	<p><b>72 - Teens Open Mic</b> 20 openings</p> <p>Read a poem, sing a song, tell a story, perform a little stand up... bring your best 3 minutes to the mic. We can even use and emcee or two and a planner or stage manager.</p> <p>Free Tu 8-9:30pm Ages 14-17</p>	<p><b>81 - Teens Outdoor Adventure</b> Unlimited</p> <p>Join us in nature as we begin our wonderful week together. Spend the afternoon reconnecting with old friends or meeting new ones as we enjoy some outdoor time. Touch Group meetings will happen on the trip. Let's head to Claytor Lake to enjoy the Lake Life! While the trip is required for all Teens, it's</p>  <p>Free M 3-8pm Ages 14-17</p>
<p><b>82 - Make Your Own Mini-Zine: Art, Voice &amp; Resistance</b> Unlimited</p> <p>Drop in for as many sessions as you like! Unleash your inner creator and join the long lineage of DIY revolutionaries! From the punk basements of the 70s to the feminist Riot Grrrl movement and modern mutual aid efforts, zines (short for "fanazines" or independent magazines) have always been the heartbeat of</p>  <p>Free All Week* Ages 14-17</p>	<p><b>83 - The Resistance of Rest: Nervous System Regulation for a Hectic World</b> 100 openings</p> <p>In an era of constant "on-call" culture, intentional rest is more than just a break; it is an act of reclamation. This 75-minute experiential workshop invites you to step out of the cycle of overwhelm. We will begin by demystifying the nervous system, exploring how our bodies move between states of fight, flight,</p>  <p>Free M 9-10:30pm and W 7-8:30pm Ages 14-17</p>	<p><b>86 - Cut, Paste, Resist: An Anti-Fascist Collage Studio</b> 100 openings</p> <p>Art has always been a frontline of resistance. From the biting photomontages of John Heartfield to the revolutionary aesthetics of the Black Arts Movement, visual culture is a tool for dismantling authoritarian narratives and dreaming of what comes next. Join us for a hands-on "un-making" session. We will</p>  <p>Free W 2-3:30pm Ages 14+</p>
<p><b>87 - Teens Car Wash</b> Unlimited</p> <p>Not an actual car wash! This is an energetic and kind opportunity to share and be honest with one another. (mandatory to check it out, participation by choice)</p> <p>Free W 9-10pm Ages 14-17</p>	<p><b>88 - Teens Ingathering</b> 100 openings</p> <p>Teens will gather together to begin the intentional act of building community. This will include a discussion of norms, consent, and what it means to be a community. We will also review teen dorm rules and meet the Teen Staff.</p> <p>Free Sun 9-10pm Ages 14-17</p>	<p><b>91 - Teens Touch Group Monday</b> 1000 openings</p> <p>Teen Leaders each facilitate a small group of other teens in the program, called a "touch group." Through the touch groups, Teen Leaders help new members become comfortable in the dorm, address social issues as they come up, share in daily experiences and offer support, as necessary. Touch groups</p> <p>Free WM 6-6:30pm Ages 14-17</p>
<p><b>92 - Teens Touch Group Tuesday</b> 1000 openings</p> <p>Teen Leaders each facilitate a small group of other teens in the program, called a "touch group." Through the touch groups, Teen Leaders help new members become comfortable in the dorm, address social issues as they come up, share in daily experiences and offer support, as necessary. Touch groups</p> <p>Free Tu 6-6:30pm Ages 14-17</p>	<p><b>93 - Teens Touch Group Wednesday</b> Unlimited</p> <p>Teen Leaders each facilitate a small group of other teens in the program, called a "touch group." Through the touch groups, Teen Leaders help new members become comfortable in the dorm, address social issues as they come up, share in daily experiences and offer support, as necessary. Touch groups</p> <p>Free W 6-6:30pm Ages 14-17</p>	<p><b>94 - Teens Touch Group Thursday</b> Unlimited</p> <p>Teen Leaders each facilitate a small group of other teens in the program, called a "touch group." Through the touch groups, Teen Leaders help new members become comfortable in the dorm, address social issues as they come up, share in daily experiences and offer support, as necessary. Touch groups</p> <p>Free Th 1-1:30pm Ages 14-17</p>
<p><b>95 - Teens Touch Group Friday - Lunch Together</b> 1000 openings</p> <p>This special, last day touch group meeting will be over lunch together. Teen Leaders each facilitate a small group of other teens in the program, called a "touch group." Through the touch groups, Teen Leaders help new members become comfortable in the dorm, address social issues as they come up, share in daily</p> <p>Free Preferred F Noon-12:30pm Ages 14-17</p>	<p><b>99 - Teens Angel Walk</b> Unlimited</p> <p>One last moment with our SUUSI Teen Dorm friends! (mandatory to check it out - participation by choice)</p> <p>Free F 11pm-12:30am Ages 14-17</p>	<p><b>210 - School of Rock!</b> 12 openings</p> <p>Teens and YA's that sing or play instruments choose a set of popular songs to cover, rehearse Monday-Thursday afternoons, and perform at Thursday's concert hour. A lot of fun and a great bonding experience for all that attend. Dan Eppley is a School of Rock alumni, and Alex Saylor (guitars) is a seasoned vet and is</p> <p>\$5.00 Preferred MTuWTh 1:30-5:30pm Ages 14+</p>
<p><b>491 - Teen Way Off Broadway (TWOB)</b> 30 openings</p> <p>Build deep friendships by putting a musical together in 5 days! TWOB is a team of teen actors, singers, dancers, and crew who rehearse, stage, and perform a musical for all of SUUSI. No stage experience necessary; come to learn and try something new. Erin MacPherson and Caitlin Muir are your 2026 TWOB directors!</p> <p>\$50.00 Scheduled All Week* Ages 14-17</p>	<p><b>522 - Teen/YA Wildwood Wander and Wade</b> 13 openings</p> <p>After a very short drive we'll explore the trails of Wildwood Park discussing anything that draws our attention including plants, wildlife, geology, and the traces of human history that have left their mark here. Try out a plant ID app or identify birdsongs with your phone, take some photos or just absorb the relaxing</p> <p>\$29.00 Gentle Tu 2:30-4:30pm Ages 14-25</p>	<p><b>535 - Teen Forest Bathing</b> 13 openings</p> <p>Step out into the twilight to experience a different moment in nature. Enjoy the outdoor mindfulness practice of Forest Bathing on a relatively flat trail where we can commune with the living earth. Learn how to walk like a fox, listen like a deer, and see like an owl. We will spend the evening in slow movement, silent</p>  <p>\$29.00 Gentle W 6:30-9pm Ages 14-17</p>

**554 - Teen/YA Campfire Closing**

50 openings

Gather after TWOB for a short drive over to Selu Conservancy where we will roast marshmallows, eat s'mores, and talk together making memories in the light of the fire.

\$29.00

Gentle

F 9:30pm-Midnight

Ages 14-25

**822 - Climbing Wall - Teens**

25 openings

Think you've got what it takes to conquer Radford's climbing wall? Come find out — and bring your friends to cheer you on! No experience necessary, so whether you're a total newbie or you've been climbing for years, there's a route to challenge you. Choose between the roped wall or throw it back to basics on the



\$20.00

Challenging

M 2-3:30pm

Ages 14-17

## Young Adults (Ages 18–25)

There's something special about being a Young Adult at SUUSI.

The Young Adult (YA) Program is a warm, welcoming community for people ages 18–25 — a place where you can show up fully as yourself, build lasting friendships, and help shape the experience. We live together (if you choose to stay in the YA dorm), laugh together, create together, and make the week our own.

The YA program is built *with* young adults, not just for them. Throughout the year, YAs suggest and plan activities, blending beloved traditions with fresh ideas. Every year feels both familiar and new.

While the YA dorm is our home base, we're also deeply connected to the larger SUUSI community. You'll find us:

- Singing at Cabaret
- Participating in workshops and worship
- Celebrating Bridging ceremonies
- Dancing at **CACHE** and Serendipity
- Showing up wherever community is happening

You don't have to live in the YA dorm to be part of it — just come join in. The friendships formed here are often the reason people return year after year.

Questions or ideas? We'd love to hear from you: [ya@suusi.org](mailto:ya@suusi.org)

We can't wait to welcome you.



## Young Adult Events

Easy-Read Features: Disable Black-and-White Mode Change Layout: 3-Column Disable Animations

<p><b>210 - School of Rock!</b> 12 openings</p> <p>Teens and YAs that sing or play instruments choose a set of popular songs to cover, rehearse Monday-Thursday afternoons, and perform at Thursday's concert hour. A lot of fun and a great bonding experience for all that attend. Dan Eppley is a School of Rock alumni, and Alex Saylor (guitars) is a seasoned vet and is</p> <p>\$5.00 Preferred MTuWTh 1:30-5:30pm Ages 14+</p>	<p><b>522 - Teen/YA Wildwood Wander and Wade</b> 13 openings</p> <p>After a very short drive we'll explore the trails of Wildwood Park discussing anything that draws our attention including plants, wildlife, geology, and the traces of human history that have left their mark here. Try out a plant ID app or identify birdsongs with your phone, take some photos or just absorb the relaxing</p> <p>\$29.00 Gentle Tu 2:30-4:30pm Ages 14-25</p>	<p><b>554 - Teen/YA Campfire Closing</b> 50 openings</p> <p>Gather after TWOB for a short drive over to Selu Conservancy where we will roast marshmallows, eat s'mores, and talk together making memories in the light of the fire.</p> <p>\$29.00 Gentle F 9:30pm-Midnight Ages 14-25</p>
<p><b>1000 - YA Town Halls</b> Unlimited</p> <p>Town Halls are times for all of the YAs at SUUSI to come together. At these meetings, staff will provide information for the upcoming week, answer questions or concerns raised, and collect feedback for improvements to the program. All YAs living in the YA dorm and/or participating in YA programming are</p> <p>Free Sun 9-10pm and F 10-11pm Ages 18-25</p>	<p><b>1001 - Bowling (YA/Median)</b> 40 openings</p> <p>Bowling on Radford Campus!</p> <p>\$10.00 W 2-4pm Ages 14+</p>	<p><b>1002 - YA Lunch Groups</b> Unlimited</p> <p>Touch groups provide an opportunity for YAs to get to know one another, help new members become comfortable in the dorm, address social issues as they come up, share in daily experiences, and offer support as necessary. Touch groups are not required – but encouraged! – as they provide a self-guided</p> <p>Free TuWThFM Noon-1pm Ages 18-25</p>
<p><b>1003 - Angel Walk</b> Unlimited</p> <p>Say goodbye to all your YA friends at SUUSI before you leave.</p> <p>Free F 11pm-Midnight Ages 18-25</p>	<p><b>1004 - YA Coffee House</b> Unlimited</p> <p>Do you have a talent you want to share with the rest of the YA community? Or maybe you just want to watch your friends show off their talents. Coffee House is your opportunity to share a song you have been working on, a dance you know, a poem you wrote, or any other skill you want to perform for your fellow YAs.</p> <p>Free Tu 9-10pm Ages 18-25</p>	<p><b>1005 - Water Worship</b> Unlimited</p> <p>Water worship is a YA-specific Water Communion worship event, led by the YA Chaplain. If you are able, bring water from somewhere significant you have been in the last year; we will combine all of the water and redistribute a mixture of all of the meaningful places we come from and have traveled to.</p> <p>Free M 9-10pm Ages 18-25</p>
<p><b>1006 - Young Adults Dungeons &amp; Dragons</b> 6 openings</p> <p>Come play a Dungeons and Dragons campaign with your Young Adult friends!</p> <p>Free Tu 7-9pm and Th 8:30-10:30pm Ages 18+</p>	<p><b>1010 - Teen-YA Bridging</b> Unlimited</p> <p>Bridging is part of a worship service that recognizes the many bridges we cross in our lives - dedicating our children, bridging our teens, new relationships, new jobs, new homes, retirement, new life stages. Part of this ceremony is welcoming 17 year-olds into young adulthood and the YA Dorm. YAs participate by having</p> <p>Free Th 5:30-8pm Ages 18-25</p>	<p><b>1021 - Granny Hobbies</b> Unlimited</p> <p>Whether you haven't started your career yet or are still fresh in your field it's never too early to start planning for retirement. We have all wondered what it will be like to finally retire and have time to try exciting new hobbies. Enjoy that laidback lifestyle now and join other YAs in various crafts such as crochet, knitting,</p> <p>Free W 5-6:30pm Ages 18-25</p>
<p><b>1023 - Mocked: Mocktail Competition</b> Unlimited</p> <p>Welcome to the first ever Mocked competition. Competitors will have an undetermined amount of time to create their best mocktails from ingredients provided. Then our panel of expert judges will taste the concoctions and determine who will be crowned Mocked champion.</p> <p>Free Th 1-2am Ages 18-25</p>	<p><b>1027 - Cookie Making</b> Unlimited</p> <p>Lets make some treats!! or just come and enjoy the sweets.</p> <p>Free F 2:30-4pm Ages 18-25</p>	<p><b>1028 - YA Trivia</b> Unlimited</p> <p>Come test your knowledge!</p> <p>Free Th 2:30-4pm Ages 18-25</p>

<p><b>1029 - Art, Voice &amp; Resistance: Making Your Own Mini-Zine</b> 25 openings</p> <p>Unleash your inner revolutionary. Step foot into the punk rock basements of the 70's, or unleash your inner riot grrl. Zines (short for fanzines or independent magazines) have always been at the forefront of counterculture. In this hands-on workshop we'll explore the history of self-publishing as a tool for everything</p>  <p>Free Tu 1-3pm Ages 18-25</p>	<p><b>1030 - QUORN MEET N GREET</b> 99 openings</p> <p>Join us for the first meeting of QUORN, or Queer Unitarian Universalist Resonance Network. Whether you have long identified as a member of the LGBTQ+ Community, are questioning whether you feel you are part of the community and have simply never explored it, or are simply an Ally who wishes</p> <p>Free M 1:30-2:30pm Ages 21+</p>	<p><b>1049 - Clothing Swap For Good</b> 99 openings</p> <p>Do you have clothes you don't want. Love second hand treasures? we will come together and have a clothing swap. While the main swap will happen after that things that are leftover to go through throughout the week and be donated at the end of SUUSI As someone who tries to live low waste People</p> <p>Free M 7-9pm Ages 18+</p>
<p><b>1053 - Mario Kart Torney (YA/Medians)</b> 99 openings</p> <p>A friendly Mixer between the two housing groups where we play Mario Kart to figure out who's the best driver of them all. Whether you're a newbie at driving or an expert on rainbow road we can have fun with it</p>  <p>Free M 10-11:30pm Ages 14+</p>	<p><b>1057 - Art Against Authoritarianism: Anti-Fascist Collaging</b> 25 openings</p> <p>Are you feeling anxious about the current political climate? Come cope amongst friends and learn how activists of the past processed their grief with an interactive art history lesson about anti-fascist collaging and create your own in a safe space away from the noise. This will be run by Devin Gray who holds a</p>  <p>Free Th Noon-2pm Ages 18+</p>	<p><b>1058 - The Kindness Rock Circle</b> 25 openings</p> <p>Everyone you know is facing challenges, whether you realize it or not. We all could benefit from some extra positivity. Why not join your fellow SUUSI friends in painting kindness rocks to hide around campus for anyone who might need a smile? <a href="https://www.thekindnessrocksproject.com/howto">https://www.thekindnessrocksproject.com/howto</a></p> <p>Free W 10-11:30am Ages 18+</p>
<p><b>YA quiet lounge</b> Unlimited</p> <p>In the high-energy whirlwind of SUUSI, everyone needs a place to land. The YA Quiet Lounge is a dedicated, low-sensory space designed specifically for Young Adults to decompress, regulate, and simply be without the pressure of social performance. Whether you are feeling the hum of social exhaustion, navigating</p> <p>Free All Week* Ages 18-25</p>	<p><b>YA Dance</b> Unlimited</p> <p>Free W 10pm-1am Ages 18-25</p>	

## Medians Ages 21+



Feel like you're somewhere between Young Adult energy and the broader adult crowd? You're not alone – and you belong here.

The Median Program is a space for adults 21+ who want to root their SUUSI experience in connection, conversation, and intentional community. It's a place to form deeper relationships while still enjoying everything SUUSI has to offer.

Medians create a sub-community within SUUSI – gathering for workshops, worship, late-night conversations, games, and shared experiences that often stretch long past bedtime (night owls welcome!).

## How to Join

You can be part of the Median community by:

- Choosing Median housing in an adult dorm, or
- Registering for the non-residential Median program option

Everyone who signs up is invited to our Sunday night town hall – a great way to meet one another and help shape the week ahead.



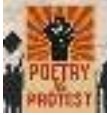

You don't have to fit a mold to be a Median. If this feels like your people, it probably is.

Questions? [medians@suusi.org](mailto:medians@suusi.org)

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## Median Events

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<p><b>1001 - Bowling (YA/Median)</b> 40 openings</p> <p>Bowling on Radford Campus!</p> <p>\$10.00 W 2-4pm Ages 14+</p>	<p><b>1030 - QUORN MEET N GREET</b> 99 openings</p> <p>Join us for the first meeting of QUORN, or Queer Unitarian Universalist Resonance Network. Whether you have long identified as a member of the LGBTQ+ Community, are questioning whether you feel you are part of the community and have simply never explored it, or are simply an Ally who wishes</p> <p>Free M 1:30-2:30pm Ages 21+</p>	<p><b>1047 - Median Program (Non-Housing option)</b> Unlimited</p> <p>The Median program is an age-inclusive extension of the Young Adult program. It is a space for people ages 21 and up who root their SUUSI experience in fellowship and shared experiences. It provides more extensive programming for adults and a sub-community where deeper relationships can be formed. Feel free</p> <p>Free Sun 8-9pm Ages 21+</p>
<p><b>1048 - Mandatory Median Town Hall</b> Unlimited</p> <p>Welcome to the Medians! This town hall meeting will kick off our week. We'll discuss what the Median program will look like this year, work on the community schedule together, and agree on a covenant towards intentional community for the week. This meeting is mandatory, with reasonable accommodations made</p> <p>Free Sun 9-10am Ages 21+</p>	<p><b>1049 - Clothing Swap For Good</b> 99 openings</p> <p>Do you have clothes you don't want. Love second hand treasures? we will come together and have a clothing swap. While the main swap will happen after that things that are leftover to go through throughout the week and be donated at the end of SUUSI As someone who tries to live low waste People</p> <p>Free M 7-9pm Ages 18+</p>	<p><b>1050 - Unfinished Craft Hangout</b> 99 openings</p> <p>Do you have an unfinished project? Here's the chance to finish it. A cozy time set aside for you to take whatever project you have. Everyone has a craft that they have started but never finished and this could be a small time dedicated to that to get people a jumpstart on finishing their projects and a dedicated time</p> <p>Free W 7-9pm Ages 18+</p>
<p><b>1052 - Ramen Night</b> 25 openings</p> <p>Build your own Ramen after a night at the Dip. From Flavors to toppings you get to be the creator of your own food journey. Eat be merry and relax with a nice bowl of ramen and friendly faces</p> <p>Free Tu 1-2:15am Ages 21+</p>	<p><b>1053 - Mario Kart Torney (YA/Medians)</b> 99 openings</p> <p>A friendly Mixer between the two housing groups where we play Mario Kart to figure out who's the best driver of them all. Whether you're a newbie at driving or an expert on rainbow road we can have fun with it</p>  <p>Free M 10-11:30pm Ages 14+</p>	<p><b>1054 - Print Making DIY</b> 15 openings</p> <p>Have you ever wanted to get into print-making and you're not sure how? This workshop will be your introduction where we make a little journal and your shown any easy intro into print making while we explore the campus if you wish. We would meet some where and make easy small journals and then tour</p>  <p>Free Tu 1:30-3:30pm Ages 18+</p>
<p><b>1055 - Soundtrack of Community: SUUSI Playlist Mingle</b> Unlimited</p> <p>Come make friends through a shared love of music with this personalized and interactive workshop. Pick two of your favorite or meaningful songs and add them to a community playlist to participate in some very low-stakes conversation while the music plays in the background. Feel free to share a little bit more about</p> <p>Free Tu 9pm-Midnight Ages 21+</p>	<p><b>1056 - The Ink of Resistance: Poetry as Witness in a Changing World</b> Unlimited</p> <p>When the world feels too loud for prose, we turn to poetry. Poetry is not just an art form; it is a way of paying attention, a method of survival, and a radical act of witnessing our own lives. This 90-minute generative workshop is a sanctuary for processing the complexities of our current moment: the grief, the joy, and the</p>  <p>Free M 2-3:30pm Ages 18+</p>	<p><b>1057 - Art Against Authoritarianism: Anti-Fascist Collaging</b> 25 openings</p> <p>Are you feeling anxious about the current political climate? Come cope amongst friends and learn how activists of the past processed their grief with an interactive art history lesson about anti-fascist collaging and create your own in a safe space away from the noise. This will be run by Devin Gray who holds a</p>  <p>Free Th Noon-2pm Ages 18+</p>
<p><b>1058 - The Kindness Rock Circle</b> 25 openings</p> <p>Everyone you know is facing challenges, whether you realize it or not. We all could benefit from some extra positivity. Why not join your fellow SUUSI friends in painting kindness rocks to hide around campus for anyone who might need a smile? <a href="https://www.thekindnessrocksproject.com/howto">https://www.thekindnessrocksproject.com/howto</a></p> <p>Free W 10-11:30am Ages 18+</p>	<p><b>1059 - Median DnD</b> Unlimited</p> <p>A small campaign starting with the medians and blending into one with the YAs later in the journey. Times are not set in stone but please register and show up to the first one to make sure we have the start of our journey mapped out. If you're new to DnD or have done many campaigns this is for you</p> <p>Free MWTh 5:30-8:30pm Ages 21+</p>	

## Adults (21+)

If you're coming to SUUSI as a single ready to mingle, a married without young children — or if your child-rearing days are long past — you'll find plenty of company and connection here.

In fact, many SUUSI attendees are adults without children, and a vibrant community of adults and seniors are an essential part of what makes SUUSI feel like home.

Your week can look however you want it to look:

- Dive into workshops on topics that inspire you
- Head out on nature trips
- Join in sports and games
- Attend worship
- Make music (or simply listen)
- Dance late into the night
- Sit and talk with someone new

There's no single way to "do" SUUSI. Some people fill every hour. Others leave space for porch conversations and spontaneous connection.

However you arrive, and whatever stage of life you're in — you are welcome here.



## Seniors (60+)



While programming for adults welcome all ages, we also have some meet-ups for our Seniors, or our young at heart! Look for the Senior Meal Meetup on dinner Monday and lunchtime Tuesday, as well as our Senior LGBTQ+ Meetup on dinner on Wednesday!

Email [DEIA@suusi.org](mailto:DEIA@suusi.org) with any questions or suggestions.

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<p><b>Senior Meal Meetup</b></p> <p>A smaller group setting within the dining hall intended to create a welcoming space for ages 60+ SUUSI-goers to make connections. Look for the Meal Meetup table signs as seen at the DEIA table at Registration.</p> <p>Free</p> <p>M 5-6:30pm and Tu Noon-1pm</p> <p>Ages 60+</p>	<p><b>Senior LGBTQ+ Meal Meet -Up</b></p> <p>A smaller group setting within the dining hall intended to create a welcoming space for LGBTQ+ ages 60+ SUUSI-goers to make connections. Look for the Meal Meetup table signs as seen at the DEIA table at Registration.</p> <p>Free</p> <p>W 5-6:30pm</p> <p>Ages 60+</p>
Unlimited	Unlimited

## Family Friendly Nature Trips

Easy-Read Features: [Disable Black-and-White Mode](#) [Change Layout: 3-Column](#) [Disable Animations](#)

**511 - Horseback Ride Monday (Family Friendly)**

8 openings

Ride on breathtaking trails that pass through landscapes from dense forest to windswept ridge tops. Just 5 minutes from campus, Winterfrost Farms is a non-profit horse rescue that offers a 500-acre home to 60 horses. The horses are fostered at Winterfrost until they can be adopted to a forever home. The



\$130.00

Moderate

M 8:15-11:45am

Ages 8+

**521 - Hahn Horticulture Garden (Family Friendly)**

14 openings

The Hahn Horticulture Garden at Virginia Tech spans nearly six acres, with numerous smaller gardens and features like ponds, pavilions, pergolas, arbors, decks, walls, and bridges. Display beds are created and planted by students, volunteers, faculty, and staff. The garden showcases hundreds of plant species



\$29.00

Gentle

Tu 9am-12:30pm

Ages 8+

**523 - Take Me Out to the Ball Game (Family Friendly)**

28 openings

Join us for an outing to "America's favorite pastime." With smaller stadiums, nothing beats an evening of baseball rooting for the local team. This year we go to see the Pulaski River Turtles play the Kingsport Axmen in Historic Calfee Park, built in 1935 as a Works Progress Administration project. Bring along



\$40.00

Gentle

Tu 5:45-11:15pm

Ages 2+

**524 - Sunset Horseback Ride (Family Friendly)**

8 openings

We'll ride into the Sunset! Join us for a twilight experience on breathtaking trails that pass through landscapes from dense forest to windswept ridge tops. Just 5 minutes from campus, Winterfrost Farms is a non-profit horse rescue that offers a 500-acre home to 60 horses. The horses are fostered at Winterfrost



\$130.00

Moderate

Tu 6:30-9:30pm

Ages 8+

**532 - 18th-Century Life at Smithfield (Family Friendly)**

14 openings

Historic Smithfield uses the complex histories of the region's indigenous peoples, the Preston Family, and the enslaved community to inform their present and future, seeking to inspire a new generation of Americans through the stories and values of all who lived at Smithfield. We will have a guided tour of the



\$36.00

Gentle

W 9-11:30am

Ages 10+

**536 - Creating SUUSI Campfire Memories (Family Friendly)**

28 openings

There's nothing like a campfire circle for creating community! Join us for a campfire on the Sélu Conservancy grounds. Bring your songs and stories as we let the fun (and marshmallow roasting) happen. Bring the kids! Children under 8 riding in a car or van must have a car seat or booster seat. Please bring it to



\$10.00

Gentle

W 6:30-8:45pm

Ages 2+

**544 - Bowling, Laser Tag, Axes, and Arcades - Early Excursion (Family Friendly)**

14 openings

After a quick drive over to New River Valley SuperBowl in Christiansburg, you select the activities you want to enjoy. Bowl with friends, join a game of laser tag, throw axes, or play games in the arcade. Take a break from the fun to order pizzas and other tasty treats from the grill. Bring the kids! Children under 8

\$24.00

Gentle

Th 5:30-9pm

Ages 2+

**552 - Glencoe Mansion Museum - Family Friendly**

14 openings

Explore the history of Radford and beyond, from the early Native Americans to the present industries, with engaging and informative exhibits. We will have a guided tour of the Wharton family's home and learn about their role in Southwest Virginia's post-Civil War development. We will also learn of frontier heroine



\$29.00

Gentle

F 9:45am-12:15pm

Ages 8+

**621 - Stiles Falls (Family Friendly)**

13 openings

Stiles Falls is a 45-foot waterfall located on the property of Camp Alta Mons. The hike begins with an easy walk to the trailhead, then changes to steep inclines, several creek crossings, and rock hopping up to the falls and water pool. There are large boulders around the falls and a water pool where you can sit and relax, or



\$53.00

Challenging

Tu 8:30am-2:30pm

Ages 12+

**622 - Cascades Falls (Family Friendly)**

13 openings

We'll hike along Little Stoney Creek to the spectacular 66-foot Cascades Falls and the cold swimming hole at the bottom. The hike is a climb up a groomed, but rocky trail and is easier and smoother on the descent. Wear a swimsuit underneath your clothes and bring secure, slip-resistant, immersible footwear for



\$53.00

Strenuous

Tu 12:15-6pm

Ages 8+

**633 - Dismal Falls (Family Friendly)**

14 openings

A long-time favorite for enjoying a beautiful area with minimal elevation change. A good nature experience for families; 8+ age range due to the length of the hike there and back. We drive over Cloyd's Mountain through scenic, pastoral countryside to a popular recreation area. We'll hike a mostly flat section of the



\$35.00

Moderate

W 1-6pm

Ages 8+

**634 - Wildwood Stroll or Roll (Accessible\*, Family Friendly)**

14 openings

Connelly's Run is a stream that flows from a historic spring down to the New River through a wooded canyon with varying microclimates, all within Radford's Wildwood Park. Stroll or roll as you are able along the 6-foot wide, fully-paved streamside shared-use trail. We will enter from a small parking lot above the



\$29.00

Gentle

W 1:30-4:30pm

Ages 2+

**744 - Swimming at Randolph Park (Family Friendly)**

14 openings

Join us as we explore the Evelyn Alexander Water Park at Randolph Park in Dublin, boasting a water purifying system that eliminates red eyes, green hair, itchy skin, and faded suits. It features eight lanes, a 38-foot-long water slide, walk-in access to heated water, spray toys and water drops, shaded swimming, a



\$35.00

Gentle

Tu 1:30-4:30pm

Ages 4+

**751 - Last Canoe Trip (Family Friendly)**

14 openings

Don't miss out on this breathtakingly scenic portion of the New River from Eggleston to Pembroke on the last full day of SUUSI. On this canoe trip we'll travel multiple bends in the river and will be surrounded by rolling hills of farmland, high bluffs littered with caves, and even a natural bridge! We will enjoy some fun



\$67.00

Challenging

F 11:30am-5:45pm

Ages 14+